



International Work Camp Cortegana2010

Presentacion:

Este Campo Nacional de Trabajo se propone como objetivo poner en valor el Sendero de Pequeño Recorrido PR-A-3, que comunica Cortegana con La Nava.

En el año 1992, un grupo de voluntarios realizó las tareas de desbroce, afianzamiento del firme y señalización de 5 senderos en el término municipal. Se trata de los 5 primeros senderos que la Federación Española de Deportes de Montaña y Escalada homologaba en la Comunidad Autónoma de Andalucía, respondiendo la denominación PR-A-1, PR-A-2, PR-A-3, PR-A-4 y PR-A-5. Hoy, 17 años después, gran parte de esos itinerarios se han perdido por la evolución urbanística de los municipios y los cercados de las fincas. Asimismo la señalización de orientación no se ajusta a la normativa vigente y no existen medios interpretativos.

En los dos últimos años hemos investigado los tramos dispersos de los 5 senderos, para concluir que tan solo pueden adecuarse 4 de ellos. Hemos realizado los proyectos de puesta en valor, individualizando las actuaciones que son necesarias. En el Campo de Trabajo de 2009, pusimos en valor los senderos PR-A-1, PR-A-2 y PR-A-5. Este año revisaremos el estado de esos senderos y trabajaremos en el PR-A-3.

Así el trabajo que vamos a realizar responde a la necesidad de señalar y dotar de medios interpretativos a los senderos del término municipal de Cortegana en orden a la consecución de un uso público del suelo conforme y en cumplimiento a la legislación vigente en materia medioambiental en Andalucía. La puesta en valor de los senderos y su interpretación responde a la doble función de conservar y divulgar los valores de un entorno natural enmarcado en el Parque Natural de la Sierra de Aracena y Picos de Aroche, reportando a la localidad un nuevo recurso turístico que ofrecer al visitante y la oportunidad de fomentar el voluntariado en el sector juvenil local.

Programa de Actividades:

Lunes, 26 de julio	<ul style="list-style-type: none">▶ 12:00-14:00. Recepción de los participantes en el Ayuntamiento.▶ 14:30. Almuerzo.
Centro de Día	▶ 19:00. Presentación del Campo de Trabajo.
Centro de Día	▶ 20:00. Dinámicas de Presentación
	▶ 21:00. Cena.
Polideportivo	▶ 22:00. Dinámica del Amigo Invisible. Paseo por Cortegana.
Martes, 27 de julio	<ul style="list-style-type: none">▶ 08:30. Desayuno.▶ 09:00-11:00. MODULO 1. La Interpretación del Patrimonio Natural y Cultural.▶ 11:30-14:00. MÓDULO2. Normativa Medioambiental.▶ 14:30. Almuerzo.▶ 18:00-19:00 MODULO 3. Plan de Trabajo▶ 19:00-20:00 MODULO 4. Prevención de Riesgos Laborales.▶ 20:00-21:00 Creación de Equipos.▶ 21:00. Cena.▶ 22:00. Taller de Trabajo en Equipo.
Centro de Día	
Centro de Día	
Centro de Día	
Centro de Día	
Centro de Día	
Polideportivo	
Miércoles, 28 de julio	<ul style="list-style-type: none">▶ 07:30. Desayuno.▶ 08:00-13:00. Trabajo.▶ 14:30. Almuerzo.▶ 15:00-17:00. OFF. (Actualización Blog + Limpieza)▶ 17:00. Visita a la Iglesia y el Castillo de Cortegana.▶ 21:00. Cena.▶ 22:00. Ghymkana Nocturna.
Colegio	
Plaza del Casino Bajo	
Polideportivo	



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Jueves, 29 de julio

- ▶ 07:30. Desayuno.
- Colegio ▶ **08:00-13:00. Trabajo**
- ▶ 14:30. Almuerzo.
- ▶ 16:00-19:00. OFF. (Actualización Blog) + (Reunión con capitanes de equipo)
- “La Buena Cocina” ▶ **18:00. Taller de Gastronomía Internacional**
- ▶ 21:00. Cena.
- Polideportivo ▶ **22:00. Taller de Risoterapia**

Viernes, 30 de julio

- ▶ 07:30. Desayuno.
- Colegio ▶ **08:00-13:00. Trabajo**
- ▶ 14:30. Almuerzo.
- ▶ 16:00-18:00. OFF. (Actualización Blog + Limpieza) + (Reunión con los capitanes)
- Polideportivo ▶ **19:00. Preparación del Festival de Eurovisión**
- ▶ 21:00. Cena.
- El Nogal ▶ **22:00. Festival de Eurovisión.**

Sábado, 31 de julio

RUTA DE LA SIERRA DE HUELVA

- Colegio ▶ 09:00. Desayuno.
- ▶ 09:30. Salida para Aracena
- ▶ **10:30. Aracena: Gruta de las Maravillas y paseo por Aracena.**
- ▶ **11:30. Aracena. Visita a la Iglesia y castillo.**
- ▶ **13:30. Parada en el Castaño del Robledo.**
- ▶ 14:30. Almuerzo en la Peña de Arias Montano (Alájar).
- ▶ **16:30. Visita a Aroche: Museo Arqueológico, Iglesia y Castillo.**
- ▶ 18:00. Vuelta a Cortegana
- ▶ 18:00-21:00. OFF. (Actualización Blog)
- ▶ 21:00. Cena.

Domingo, 1 de agosto

RUTA DEL DESCUBRIMIENTO DE AMÉRICA

- Colegio ▶ 09:00. Desayuno.
- ▶ 09:30. Salida para La Rábida
- ▶ **12:00. Visita al Monasterio de la Rábida.**
- ▶ **13:00. Visita al Muelle de las Carabelas.**
- ▶ 14:00. Almuerzo en la Playa de Mazagón (Picnic)
- ▶ 19:00. Vuelta a Cortegana
- ▶ 21:00. Cena.
- ▶ **22:00. Evaluación Intermedia + Tribunal de Convivencia.**

Lunes, 2 de agosto

- ▶ 07:30. Desayuno.
- Colegio ▶ **08:00-12:00. Trabajo**
- ▶ 14:30. Almuerzo.
- ▶ 16:00-19:00. OFF. (Actualización Blog+Limpieza) + (Reunión con los capitanes)
- Polideportivo ▶ **19:00. Taller de Teatro "Cortegana Speaks all Languages"**
- ▶ 21:00. Cena.
- El Casino Bajo ▶ **22:00. Representaciones Teatrales.**



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Martes, 3 de agosto	<ul style="list-style-type: none">▶ 07:30. Desayuno.
Colegio	<ul style="list-style-type: none">▶ 08:00-11:30. Trabajo
Matadero	<ul style="list-style-type: none">▶ 12:00. Visita al Matadero de Cortegana.▶ 14:30. Almuerzo.▶ 16:00-19:00. OFF. (Actualización Blog + Limpieza) + (Reunión con capitanes)
Piscina	<ul style="list-style-type: none">▶ 19:00. Taller de Bailes Folkloricos Internacionales▶ 21:00. Cena.
Polideportivo	<ul style="list-style-type: none">▶ 22:00. Cine de Verano I
Miércoles, 4 de agosto	<ul style="list-style-type: none">▶ 07:30. Desayuno.
Colegio	<ul style="list-style-type: none">▶ 08:00-13:00. Trabajo▶ 14:30. Almuerzo.▶ 16:00-19:00. OFF.(Actualización Blog) + (Reunión con capitanes). Posibilidad de asistir al Foro Medieval a partir de las 17:00.
Polideportivo	<ul style="list-style-type: none">▶ 19:00. Taller de Cine. What do I have in common with people in Cortegana?▶ 21:00. Cena.
Polideportivo	<ul style="list-style-type: none">▶ 22:00: Cine de Verano II
Jueves, 5 de agosto	<ul style="list-style-type: none">▶ 07:30. Desayuno.
Colegio	<ul style="list-style-type: none">▶ 08:00-13:00. Trabajo▶ 14:30. Almuerzo.▶ 16:00-19:00. OFF. (Actualización Blog + Limpieza) + (Reunión con capitanes) Posibilidad de asistir al Foro Medieval a partir de las 17:00.
Polideportivo	<ul style="list-style-type: none">▶ 19:00. Taller de Disfraces Medievales▶ 21:00. Cena.
Ver Programa	<ul style="list-style-type: none">▶ 22:00. Asistencia a las Jornadas Medievales.
Viernes, 6 de agosto	<ul style="list-style-type: none">▶ 07:30. Desayuno.
Colegio	<ul style="list-style-type: none">▶ 08:00-13:30. Trabajo▶ 14:30. Almuerzo.▶ 16:00-21:00. OFF. (Actualización Blog)▶ 21:00. Cena.▶ 22:00. Asistencia a las Jornadas Medievales.
Sábado, 7 de agosto	<ul style="list-style-type: none">▶ 10:00. Desayuno.▶ 11:00-14:30: OFF▶ 14:30. Almuerzo.▶ 16:00-21:00. OFF. (Actualización Blog + Limpieza)▶ 21:00. Cena.▶ 22:00. Asistencia a las Jornadas Medievales
Domingo, 8 de agosto	<ul style="list-style-type: none">▶ 10:00. Desayuno.▶ 11:00-14:30. OFF▶ 14:30. Almuerzo.▶ 16:00-19:00. OFF. (Actualización Blog)
Polideportivo	<ul style="list-style-type: none">▶ 19:00. Evaluación Final + CDs de Fotografías + Amigo Invisible▶ 21:00. Cena.▶ 22:00. Fiesta de Despedida y Asistencia a las Jornadas Medievales.



International Work Camp Cortegana2010

Introduction:

This Work Camp aims to rehabilitate the Small Distance Footpath that communicates Cortegana with La Nava.

In 1992, 25 volunteers coming from different parts of Spain were working in the old roads that had communicates Cortegana with neighbour towns from the Middle Age until now. They were working on 5 small distance footpaths by opening, cleaning and signing the itineraries for visitors. Cortegana had won 5 new tourism resources. These 5 footpaths were the first 5 itineraries recognised by the Spanish Mountain Sports Federation, which means that they are the 5 oldest footpaths in the region of Andalucía.

Today, 17 years later, these itineraries have disappeared again because there has not been any conservation and maintenance programme. In addition then international and regional signing rules for nature reserves have changed. It does not exist s any element that could help to visitors to orientate and understand what they are watching.

In 2009, we start to review these 5 paths, and we start to work about the rehabilitation projects in order to rescue them. Last year we organised the first Work Camp. 25 Spanish volunteers help us to rehabilitate the paths: PR-A-1, PR-A-2 and PR-A-5. This year we will continue these works, acting on PR-A-3, and reviewing the works that we did last year.

Therefore, this work camp will try to recue these paths in order to provide a new tourism resource to the town, and offering to the visitor the opportunity of enjoy, respect and understand the meanings of our Nature Heritage. At the same time, your staying in Cortegana will promote the volunteering service in Cortegana. Young local people will see how volunteers coming from all around Europe and the Mediterranean sea, are coming to its town to work and to our culture.

Programme:

- Monday, 26th July**
 - ▶ 12:00-14:00. Reception of volunteers in the Local Council. Accommodation.
 - ▶ 14:30. Lunch
 - Social Centre ▶ **19:00. Presentation of the Work Camp**
 - Social Centre ▶ **20:00. Introduction games**
 - ▶ 21:00. Dinner
 - Sports Pavilion ▶ **22:00. The Invisible Friend. Walk around Cortegana**

- Tuesday, 27th July**
 - ▶ 08:30. Breakfast
 - Social Centre ▶ **09:00-11:00. Training1: "The Heritage Interpretation"**
 - Social Centre ▶ **11:30-14:00. Training2: "Environmental Regulations"**
 - ▶ 14:30. Lunch
 - Social Centre ▶ **18:00-19:00. Training3: "Working Plan"**
 - Social Centre ▶ **19:00-20:00. Training4: "Prevention of Working Risks".**
 - Social Centre ▶ **20:00-21:00. Creation of Working Teams**
 - ▶ 21:00. Dinner
 - Sports Pavilion ▶ **22:00. Teambuilding Games.**

- Wednesday, 28th July**
 - ▶ 07:30. Breakfast
 - School ▶ **08:00-13:00. Works**
 - ▶ 14:30. Lunch
 - ▶ 15:00-17:00. OFF. (Blog Updated & Cleaning duties)
 - Casino Bajo square ▶ **17:00. Visit to Cortegana's church and castle.**
 - ▶ 21:00. Dinner
 - Sports Pavilion ▶ **22:00. Night Gymkhana**



International Work Camp Cortegana2010

Thursday, 29th July

School

- ▶ 07:30. Breakfast
- ▶ **08:00-13:00. Works**
- ▶ 14:30. Lunch
- ▶ 16:00-19:00. OFF. (Blog Update) + (Leaders Meeting)
- ▶ **18:00. International Gastronomy Workshop**
- ▶ 21:00. Dinner
- ▶ **22:00. Laughter Therapy Workshop**

Church Square

Sports Pavilion

Friday, 30th July

School

- ▶ 07:30. Breakfast
- ▶ **08:00-13:00. Works**
- ▶ 14:30. Lunch
- ▶ 16:00-18:00. OFF. (Blog Updated & Cleaning duties) + (Leaders Meeting)
- ▶ **19:00. Eurovision Festival Preparation**
- ▶ 21:00. Dinner
- ▶ **22:00. Eurovision Festival**

Sports Pavilion

El Nogal Pub

Saturday, 31st July

SIERRA DE HUELVA ROUTE

School

- ▶ 09:00. Breakfast
- ▶ 09:30. Departure to Aracena
- ▶ **10:30. Visit to "Cave of Wonders" in Aracena.**
- ▶ **11:30. Walk in Aracena.**
- ▶ **13:30. Stop in Castaño del Robledo.**
- ▶ 14:30. Lunch (Picnic) in Rock Arias Montano (Alájar).
- ▶ **16:30. Visit to Aroche,**
- ▶ 18:00. Departure to Cortegana
- ▶ 18:00-21:00. OFF. (Blog Update)
- ▶ 21:00. Dinner

Sunday, 1st August

DISCOVERY OF AMÉRICA ROUTE

School

- ▶ 09:00. Breakfast
- ▶ 09:30. Departure to "La Rábida"
- ▶ **12:00. Visit to the Monastery "La Rábida"**
- ▶ **13:00. Visit to the Carabels**
- ▶ 14:00. Lunch (Picnic). Mazagón Beach.
- ▶ 19:00. Departure to Cortegana
- ▶ 21:00. Dinner
- ▶ **22:00. In-between evaluation.**

Monday, 2nd August

School

- ▶ 07:30. Breakfast
- ▶ **08:00-12:00. Works**
- ▶ 14:30. Lunch
- ▶ 16:00-19:00. OFF. (Blog Updated & Cleaning duties) + (Leaders Meeting)
- ▶ **19:00. Theatre Workshop**
- ▶ 21:00. Dinner
- ▶ **22:00. Theatre Shows.**

Sports Pavilion

El Casino Bajo Pub



International Work Camp Cortegana2010

Tuesday, 3rd August

School

- ▶ 07:30. Breakfast
- ▶ **08:00-11:30. Works**
- ▶ **12:00. Visit to Slaughterhouse in Cortegana**
- ▶ 14:30. Lunch
- ▶ 16:00-19:00. OFF. (Blog Updated) + (Leaders Meeting)

Swimming pool

- ▶ **19:00. International Folk Dances Workshop**

Sports Pavilion

- ▶ 21:00. Dinner
- ▶ **22:00. Summer Cinema I**

Wednesday, 4th August

School

- ▶ 07:30. Breakfast
- ▶ **08:00-13:00. Works**
- ▶ 14:30. Lunch

Ask us for the programme.

- ▶ 16:00-19:00. OFF. (Blog Updated & Cleaning duties) + (Leaders Meeting)+ You can assist to the Middle Age Forum in the Theatre from 17:00 h.

Sports Pavilion

- ▶ **19:00. Cinema Workshop. What do I have in common with people in Cortegana?**

Sports Pavilion

- ▶ 21:00. Dinner
- ▶ **22:00: Summer Cinema II**

Thursday, 5th August

School

- ▶ 07:30. Breakfast
- ▶ **08:00-13:00. Works**
- ▶ 14:30. Lunch

Sports Pavilion

- ▶ 16:00-19:00. OFF. (Blog Updated) + (Leaders Meeting)+ You can assist to the Middle Age Forum in the Theatre from 17:00 h.
- ▶ **19:00. Medieval Costumes Workshop**

Ask us for the programme

- ▶ 21:00. Dinner
- ▶ **22:00. Middle Age Festival in Cortegana**

Friday, 6th August

School

- ▶ 07:30. Breakfast
- ▶ **08:00-13:30. Works**
- ▶ 14:30. Lunch
- ▶ 16:00-21:00. OFF. (Blog Updated)
- ▶ 21:00. Dinner
- ▶ **22:00. Middle Age Festival in Cortegana**

Saturday, 7th August

- ▶ 10:00. Breakfast
- ▶ 11:00-14:30: OFF
- ▶ 14:30. Lunch
- ▶ 16:00-21:00. OFF. (Blog Updated & Cleaning duties)
- ▶ 21:00. Dinner
- ▶ **22:00. Middle Age Festival in Cortegana**

Sunday, 8th August

Sports Pavilion

- ▶ 10:00. Breakfast
- ▶ 11:00-14:30. OFF
- ▶ 14:30. Lunch. (Blog Updated)
- ▶ 16:00-19:00. OFF.
- ▶ **19:00. Final Evaluation + Sharing photos + Invisible Friend**
- ▶ 21:00. Dinner
- ▶ **22:00. Good Bye Party and Middle Age Festival in Cortegana**